

Spot's W.H.A.T. Album

(Women's Health Awareness Tour)



me and mum

Welcome to my webpage.

I have been travelling around Queensland aiming to raise awareness for women's health. Here is a picture of my mum and me. Mothers are so important to us all and for keeping the family going. Women need to make sure they get the best care right from puberty through to old age.



My mum was 5 years (30 human years) old when I was born. Luckily, she hasn't had to worry about endometriosis, ovarian cancer or pain in her pelvis.

Please visit my sponsors website to find out how to help keep the important women in your life healthy.

www.completewomenshealthcare.com.au



COMPLETE
WOMEN'S HEALTHCARE

My mum and our family have been very lucky. We have grown up on natural pastures in the South Burnett region where there is very little stress in our lives and good care.



My dad was a classified purebred Santa Gertrudis bull called "Greenup Mick". This is where I get my dark red coat from.

<http://www.greenup.com.au/>

Grandad was a Santa/Charolais composite bull from Rosevale stud. That's why mum has a cream coat.

This month I am in Brisbane getting ready for the Holy Family Indooroopilly School Fete on 20 th May, 2017.

You can come along and guess my weight and support the local community.



If any female in your family has any gynaecology problems, ask your GP to see Complete Women's Healthcare or call 1800 791 332

resting up for
another trip



on tour with
my sisters



my mates



**my first
truck trip**



**hanging out with
mum's friends**

